

High Life Highland Countryside Ranger walks in Assynt area 2019

All the walks are led by one of the Rangers. It is important though that you think of your own safety and that of any children for whom you are responsible. Remember too that these are country walks in the Highland weather so please dress accordingly. Bring sturdy shoes, or boots, a picnic and a sense of fun. *The Rangers reserve the right to cancel any of these events.*

Most events will require booking in advance. This is to ensure your safety and that you get a quality experience. A full programme of guided walks and details on how to book can be found at <https://www.highlifehighland.com/rangers/upcoming-events/>
Sorry watching wildlife is not usually compatible with taking dogs.

Date: Monday 11th March

Area: Assynt, Sutherland

A Wee Walk to Nature: Signs of Spring in Lochinver

Join the Ranger for some nature therapy. We will start in the Lochinver Mission (An Cala Café) on a short and slow-paced walk in the Culag woods to look for signs of Spring (snowdrops, celandines singing thrushes. This walk is aimed at folk who don't wish to undertake longer more demanding walks but would still like to get out in the fresh air for a short period. Or if you or someone you know are rehabilitating after illness or injury or you are just looking to have a short guided walk with company, please book on. Over 18 years only. Distance approx. 1 km/0.5mi. Please book online or give Andy a ring on 01571 844654.

Time: 11am - 11.30am

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Monday 25th March

Area: Assynt, Sutherland

A Wee Walk to Nature: To find frog spawn in Lochinver

Join the Ranger for some nature therapy. We will start in the Lochinver Mission (An Cala Café) on a short and slow-paced walk in the Culag woods to look for the year's first frog spawn. This walk is aimed at folk who don't wish to undertake longer more demanding walks but would still like to get out in the fresh air for a short period. Or if you or someone you know are rehabilitating after illness or injury or you are just looking to have a short guided walk with company, please book on. Over 18 years only. Distance approx. 1 km/0.5mi. Please book online or give Andy a ring on 01571 844654.

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Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Monday 8th April

Area: Assynt, Sutherland

A Wee Walk to Nature: To learn bird song in Lochinver

Join the Ranger for some nature therapy. We will start in the Lochinver Mission (An Cala Café) on a short and slow-paced walk in the Culag woods to listen for woodland bird song. This walk is aimed at folk who don't wish to undertake longer more demanding walks but would still like to get out in the fresh air for a short period. Or if you or someone you know are rehabilitating after illness or injury or you are just looking to have a short guided walk with company, please book on. Over 18 years only. Distance approx. 1 km/0.5mi. Please book online or give Andy a ring on 01571 844654.

Time: 11am - 11.30am

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 9th April

Area: Assynt, Sutherland

Activity - Rockpooling at Clachtoll

Explore the wonderful world in a rockpool. Hermit crabs, starfish and much, much more - meet some of the really weird wildlife living here. Rocks can be steep and slippery. Suitable for all the family but no unaccompanied children. Meet at Clachtoll Beach car park. Grid ref: NC 040273. Please phone Andy if you need a lift 01571 844654.

Time: 3.30pm - 5pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 11th April

Area: Assynt, Sutherland

Activity -Introduction to birdwatching, Lairg

Ranger led guided walk through Ferrycroft woods with views to Loch Shin. Learn some of the common bird songs and tips to help identify them. Bring binoculars if you have them. Suitable for families but no unaccompanied children allowed. 2km. Meet at Ferrycroft Visitor Centre, Lairg. Grid ref: NC 093215.

Time: 11am - 1pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Monday 29th April

Area: Assynt, Sutherland

A Wee Walk to Nature: To look for patterns and shapes in Lochinver

Join the Ranger for some nature therapy. We will start in the Lochinver Mission (An Cala Café) on a short and slow-paced walk in the Culag woods to look for patterns and shapes in nature. Bring camera if you have one. This walk is aimed at folk who don't wish to undertake longer more demanding walks but would still like to get out in the fresh air for a short period. Or if you or someone you know are rehabilitating after illness or injury or you are just looking to have a short guided walk with company, please book on. Over 18 years only. Distance approx. 1 km/0.5mi. Please book online or give Andy a ring on 01571 844654.

Time: 11am - 11.30am

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 30th April

Area: Assynt, Sutherland

Activity: Bone caves, Inchnadamph

Guided walk back in time to the ice-age where the bones of reindeer, polar bears and even humans were discovered in the caves. Stout footwear is essential. Bring packed lunch. Good path but steep in places. 5km. Suitable for over 18's only. Meet at Bone caves car park 4km, south of Inchnadamph. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 07th May

Area: Assynt, Sutherland

Activity - Clachtoll Coastal walk

Ranger led guided coastal walk through a crofting township rich in wildlife, to the iron-age broch. Hear the stories of skeletons, ancient saunas and catastrophic collapse. Find extraordinary ancient life forms. Suitable for over 18's only. Bring packed lunch. 4km walk. Meet at Clachtoll Beach car park. Grid ref: NC 040273. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Monday 13th May

Area: Assynt, Sutherland

A Wee Walk to Nature: To look for slow worms in Lochinver

Join the Ranger for some nature therapy. We will start in the Lochinver Mission (An Cala Café) on a short and slow-paced walk in the Culag woods to look for slow worms and other nature. This walk is aimed at folk who don't wish to undertake longer more demanding walks but would still like to get out in the fresh air for a short period. Or if you or someone you know are rehabilitating after illness or injury or you are just looking to have a short guided walk with company, please book on. Over 18 years only. Distance approx. 1 km/0.5mi. Please book online or give Andy a ring on 01571 844654.

Time: 11am - 11.30am

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 14th May

Area: Assynt, Sutherland

Activity - Drumbeg peat road

Ranger led guided walk through the remote Assynt "cnoc and loch" landscape. This is part of the Flow to the Future celebration of the peatlands of North Highlands. We will be walking through the Drumbeg common grazing land full of history and teeming with wildlife. Bring packed lunch. 7km walk. Suitable for over 18's only. Meet at Drumbeg view point car park. Grid ref: NC 120330. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 21st May

Area: Assynt, Sutherland

Activity - The lost township of Dubh Clais, Lochinver

Join us on this Ranger led guided walk near Lochinver to the ruins of the clearance township at Dubh Clais and learn about how they lived. Lots of woodland and river edge wildlife to see as well. Suitable for over 18's only. This path is boggy in places. 8km. Bring packed lunch. Meet at Lochinver Village hall. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Monday 27th May

Area: Assynt, Sutherland

A Wee Walk to Nature: To look for butterflies in Lochinver

Join the Ranger for some nature therapy. We will start in the Lochinver Mission (An Cala Café) on a short and slow-paced walk in the Culag woods to look for butterflies and other nature. This walk is aimed at folk who don't wish to undertake longer more demanding walks but would still like to get out in the fresh air for a short period. Or if you or someone you know are rehabilitating after illness or injury or you are just looking to have a short guided walk with company, please book on. Over 18 years only. Distance approx. 1 km/0.5mi. Please book online or give Andy a ring on 01571 844654.

Time: 11am - 11.30am

Booking ref: 0000000

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Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 28th May

Area: Assynt, Sutherland

Activity - In search of Golden Eagles near Lochinver

Ranger led guided walk to learn about wildlife, with possible glimpses of golden eagles. Spectacular views guaranteed. Path may be boggy in places. 8km. Bring packed lunch. Suitable for over 18's only. Meeting place will be given out on booking but it will be in the Lochinver area.

Time: 10am - 3pm

Booking ref: 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 30th May

Area: Assynt, Sutherland

Activity - Achmelvich coast walk

Guided walk to see brilliant orchids, jewelled rocks and marvellous machair as we walk along a coastline steeped in crofting history, to the old mill at Altanabradhan. 6km. Suitable for over 18's only. Bring packed lunch. Meet at Achmelvich beach car park. Grid ref: NC 058248. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 4th June

Area: Assynt, Sutherland

Activity - The amazing wildflowers of the limestone at Inchnadamph

Guided walk with the Ranger in the valley of the trolls and see to see stunning orchids, colourful mountain avens and rare plants such as the Scottish Asphodel. With a backdrop of dry river beds and caves this is a walk not to be missed. Suitable for over 18's only. Bring packed lunch. Meet at Inchnadamph car park. Grid ref: NC 251216. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 4pm **Booking ref:** 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 6th June **Area:** Assynt, Sutherland

Activity -Lochinver to Achmelvich beach

Join us on this spectacular walk with tremendous views of glorious mountains. The Ranger can point out rare wildflowers, a wealth of bird life and plenty of seals and maybe otters to watch. The final destination will be the stunning sandy beach at Achmelvich where we can get an ice-cream. Suitable for over 18's only. Bring packed lunch. 8km. Meet at the Highland Stoneware car park, Lochinver. Grid ref: NC 088228. We shall get a lift back to the start. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 4pm **Booking ref:** 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 11th June **Area:** Assynt, Sutherland

Activity - Bat Watching, Lochinver

Join us to watch one of nature's amazing spectacles as up to 100 pipistrelle bats leave their daytime roost to find food. We will start with a short illustrated talk on bats at the Lochinver Mission (An Cala Café), Lochinver. Then drive 3 miles to the roost site . No

walking involved. Suitable for all the family. Bring warm clothes and be prepared for midges.

Time: 9pm - 10.30pm **Booking ref:** 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Friday 14th June

Area: Assynt, Sutherland

Activity - The amazing mountain of Suilven

Join us on a guided walk to the top of Assynt's most famous mountain, with some wonderful views. This is a strenuous walk. Participants must have good fitness for steep and rocky terrain and bring appropriate outdoor clothing, footwear and lunch. The distance is 20km/12.5miles. This walk is subject to good weather conditions. Suitable for over 18's only. Meet at the walkers car park, Glencanisp road. Grid ref: NC107220. Please phone Andy if you need a lift 01571 844654.

Time: 9am - 6pm **Booking ref:** 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 25th June

Area: Assynt, Sutherland

Activity - In search of dark red helleborines at Inchnadamph

Guided walk with the Ranger in the valley of the trolls, where unbelievable forces in the earth have created deep caves and dry rivers. Hear about the unique wildlife of the limestone pavements where rare flowers such as the dark red helleborine grows. This is a walk not to be missed. Suitable for over 18's only. Bring packed lunch. Meet at Inchnadamph car park. Grid ref: NC 251216. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 4pm

Booking ref: 000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 27th June

Area: Assynt, Sutherland

Activity - Black-throated divers in Lochinver

Ranger led guided walk to see the unique black-throated diver, in spectacular full summer plumage- a speciality of the North Highlands. The walk will take us through some amazing scenery, with lots of other wildlife to see. Bring packed lunch. 6km walk. Suitable for all the family but no unaccompanied children allowed. Meet at Lochinver Village hall, Main Street Lochinver. Grid ref: NC 094225. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 4th July

Area: Assynt, Sutherland

Activity - Exploring Rockpools at Clachtoll

Explore the wonderful world in a rockpool. Hermit crabs, starfish and much, much more - meet some of the really weird wildlife living here. Rocks can be steep and slippery. Suitable for all the family but no unaccompanied children allowed. Adults must book on also. Meet at Clachtoll Beach car park. Grid ref: NC 040273. Please phone Andy if you need a lift 01571 844654.

Time: 2pm - 4pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 23rd July

Area: Assynt, Sutherland

Activity: The natural sea archway at Rubh' an Dúnain near Stoer

Coastal walk to the sandstone arch at Rubh' an Dúnain. Great place to see seabirds, bonxies, peregrines, seals and we may even see some dolphins or otters. We will explore the Iron-age fort and the lazy beds on the point and stories of shipwrecks. Path is boggy in places. Bring packed lunch. 3km. Suitable for all the family but no unaccompanied children allowed. Meet at the Beach at Culkein Stoer. Grid ref: NC 038332. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 25th July

Area: Assynt, Sutherland

Activity: Animal Tracks and Signs at Shin Falls

Join the Ranger in search of clues left by some of the forest animals of the Highlands of Scotland. Learn some tips about footprints and see just how much wildlife there is in these woodlands. We just might see the resident otters, pine martens, sparrowhawks and other birds. Good paths. Bring packed lunch. 3km. Suitable for all the family but no unaccompanied children allowed. Meet at the Shin Falls Car park beside the café. Grid ref: NC 038332.

Time: 2 - 4pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 1st August

Area: Assynt, Sutherland

Activity - Rockpool exploring at Clashnessie

Explore the wonderful world in a rockpool. Hermit crabs, starfish and much, much more - meet some of the really weird wildlife living here. Rocks can be steep and slippery. Suitable for all the family but no unaccompanied children allowed. Adults must book on also. Meet at Clashnessie Beach car park. Grid ref: NC 057309. Please phone Andy if you need a lift 01571 844654.

Time: 1.30pm - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 06th August

Area: Assynt, Sutherland

Activity - Clachtoll Coastal walk

Ranger led guided coastal walk through a crofting township rich in wildlife, to the iron-age broch. Hear the stories of skeletons, ancient saunas and catastrophic collapse. Find extraordinary ancient life forms. Suitable for all the family but no unaccompanied children allowed. Bring packed lunch. 4km walk. Meet at Clachtoll Beach car park. Grid ref: NC 040273. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 8th August

Area: Assynt, Sutherland

Activity: Bone caves, Inchnadamph

Guided walk back in time to the ice-age where the bones of reindeer, polar bears and even humans were discovered in the caves. Stout footwear is essential. Bring packed lunch. Good path but steep in places. 5km. Suitable for all the family but no unaccompanied children allowed. Meet at Bone caves car park 4km, south of Inchnadamph. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 13th August

Area: Assynt, West Sutherland

Activity Clachtoll Sand Sculpture competition (in the morning) &

Seashore Activities Day.

Why not enter the contest for the best sand sculpture. Judging and prize giving at 1.30pm .Or just come along to admire the many amazing sculptures for free! Loads of really good prizes. This event will be followed by seashore activities in the afternoon. Great day out for the family

Time: 11 - 3pm

Booking ref: N/A

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 15th August

Area: Assynt, Sutherland

Activity: Wildlife of a Highland woodland; Shin Falls near Lairg

Join the Ranger in search of forest animals of this stunning woodland. We just might see the resident otters, pine martens, sparrowhawks, crossbills, great spotted woodpeckers and other birds. Good paths. Bring packed lunch. 3km. Suitable for all the family but no unaccompanied children allowed. Meet at the Shin Falls Car park beside the café. Grid ref: NC 038332.

Time: 2 - 4pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 20th August

Area: Assynt, Sutherland

Activity - Clachtoll Coastal walk

Ranger led guided coastal walk through a crofting township rich in wildlife, to the iron-age broch. Hear the stories of skeletons, ancient saunas and catastrophic collapse. Find extraordinary ancient life forms. Suitable for all the family but no unaccompanied children allowed. Bring packed lunch. 4km walk. Meet at Clachtoll Beach car park. Grid ref: NC 040273. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 3rd September

Area: Assynt, Sutherland

Activity - Harbour seals at Oldany, Drumbeg

The estuary and salt marsh area of Oldany is great for wildlife. We will look for greenshanks and other waders at the water's edge. We will watch harbour seals basking on the rocks and there is always a chance of seeing the resident otter. Suitable for over 18's only. Bring packed lunch. Short 3km walk but can be boggy in places. Meet at Drumbeg view point car park. Grid ref: NC 120330. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 10th September

Area: Assynt, Sutherland

Activity - Fungi in the Culag woods, Lochinver

Explore the marvellous world of fungi. Meet the different characters and learn their secrets in one of the best woods for fungi in Sutherland. Suitable for over 18's only. Bring packed lunch. 3km walk. Meet at Woodside car park, Culag Woods, past Lochinver Primary on the road to Inverkirkaig. Grid ref: NC 093215. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Wednesday 18th September

Area: Assynt, Sutherland

Activity -Clachtoll coastal walk

Ranger led guided coastal walk through a crofting township rich in wildlife, to the iron-age broch. Hear the stories of skeletons, ancient saunas and catastrophic collapse. Find extraordinary ancient life forms. Suitable for over 18's only. Bring packed lunch. 4km walk. Meet at Clachtoll Beach car park. Grid ref: NC 040273. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 3pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 24th September

Area: Assynt, Sutherland

Activity: Bone caves, Inchnadamph

Guided walk back in time to the ice-age where the bones of reindeer, polar bears and even humans were discovered in the caves. Stout footwear is essential. Bring packed lunch. Good path but steep in places. 5km. Suitable for over 18's only. Meet at Bone caves car park 4km, south of Inchnadamph. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm

Booking ref: 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Thursday 26th September

Area: Assynt, Sutherland

Activity - Fungi in the Culag woods, Lochinver

Explore the marvellous world of fungi. Meet the different characters and learn their secrets in one of the best woods for fungi in Sutherland. Suitable for over 18's only. Bring packed lunch. 3km walk. Meet at Woodside car park, Culag Woods, past Lochinver Primary on the road to Inverkirkaig. Grid ref: NC 093215. Please phone Andy if you need a lift 01571 844654.

Time: 11am - 2pm **Booking ref:** 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 15th October **Area:** Assynt, Sutherland

Activity - Fungi in the Ferrycroft Woods, Lairg

Explore the marvellous world of fungi. Meet the different characters and learn their secrets in one of the best woods for fungi in Sutherland. Suitable for all the family but no unaccompanied children allowed. Bring packed lunch. 3km walk. Meet at Ferrycroft Visitor Centre, Lairg. Grid ref: NC 093215.

Time: 11am - 2pm **Booking ref:** 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com

Date: Tuesday 15th October **Area:** Assynt, Sutherland

Activity - Stories and Art in the Culag woods, Lochinver

Family event: Create your own natural sculptures around the woodland trails. Search for images hidden among the trees and rocks. Release your inner creativity - for all the family. With guest story teller Griogar Dawson Allen. Suitable for all the family but no unaccompanied children allowed. Bring packed lunch. 3km walk. Meet at the An Cála Café, Lochinver Mission and we can finish with a coffee.

Time: 11am - 2pm **Booking ref:** 0000000

Price: It costs £9.73 per visitor to operate our Countryside Ranger Service. We make no charge for this event but we rely on your donations to help us protect our Highland wildlife and heritage.

Booking: [Please click here to book](#)

Contact: andy.summers@highlifehighland.com